

Introduction to “The Manchester Trilogy: Keynotes of Note”

We are pleased to offer three Keynotes delivered in November 2024 at the Manchester Institute for Psychotherapy’s conference on “Empowerment – Empathy – Self-Agency Within the Therapeutic Relationship” (<https://mcpt.co.uk>). Each Keynote, delivered by a leading expert in Developmentally-focused, Relationally-based Integrative Psychotherapy, offers a unique perspective on the theme of the conference and the importance of creating an **empowering** environment for relational healing in Integrative Psychotherapy, the role of **empathy** within that relationship, and the therapeutic necessity to support **self-agency** as a positive therapeutic outcome.

C.M-F
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